



SEVANTI
INSTITUTE

Level 3 Clinical Supervision Program

The Sevanti Institute AWCP **Level 3 Clinical Supervision Program** aims to provide the clinical education, supervision, and practice competency needed for students seeking to become certified as Ayurvedic Wellness Counselors (AWC). Sevanti Institute adheres to the educational guidelines of the National Ayurvedic Medicine Association (NAMA) for the AHC scope of practice. For the AHC in training, NAMA guidelines present a clear path to proficiency, and recommend 50 supervised patient encounters (PE). It should be stated however that NAMA also allows a good amount of flexibility to each school to develop its own unique program.

Level 3 training is an essential stepping stone toward the practice of Ayurveda wellness counseling. Students will learn from those with years of experience, as well as from their peers. Clinical supervision will offer valuable insights into the work of an Ayurveda counselor, and the personalized feedback needed to improve the student's efficacy with patients, capacity to diagnose Ayurveda doshic patterns, and offer the most effective treatment strategies to support their patients.

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Scheduled Dates

Level 3 Orientation Weekend

Mandatory: January 26-28, 2024

Instruction times: 9:00a - 12:00p and 1:30p - 5:00p CST

AWC 24: Individual Supervision

January 29, 2024 - June 27, 2024

September 3, 2024 - November 14, 2024

Tuesdays and Thursdays, 12:00 - 5:00p CST (30-min sessions)

AWC 24: Group Supervision

February 21, 2024 - June 26, 2024

September 4, 2024 - November 13, 2024

16 group supervision sessions

Wednesdays, every other week, 2:00 - 5:00p CST

AWC 25: Faculty Practicum

Mandatory: May 18-19, 2024

Live online consultations conducted by two of our faculty instructors/clinicians

Instruction times: 9:00a - 12:00p and 1:30p - 5:00p CST

AWC 26: National Exam Prep Course

Available via course recording only

AWC 27: Final Exam Report and Supervision

Due: Friday, January 10, 2025



L3 Program Tuition

\$3700 | \$308 per month for 12 months | The tuition fee for the **Level 3 Clinical Supervision Program** covers all aspects of the 12-month program and is based on the substantial supervision time offered to each Clinic Intern during the year of training. No other Ayurveda counseling school or program offers an equal amount of clinical training. The L3 program exceeds the guidelines established by NAMA and all of its member schools. Tuition includes a 3-day orientation weekend, dozens of hours of individual supervision, 16 bi-weekly group supervision sessions (3 hours each), a weekend with two faculty instructors conducting assessments, a 3-day national exam prep course, and supervision of the final exam paper.

Tuition Payment | \$308 per month for 12 months via the Square autopayment platform. Clinic Interns will be asked to sign a credit card authorization (CCA) form authorizing Sevanti Institute to draw the tuition from the credit card of their choice.

Card on File | Clinic Interns will be asked to authorize Sevanti Institute to keep their credit card on file for all future transactions until the end of the program or the Clinic Intern requests a cancellation. Clinic Interns understand that the terms of this authorization will remain in effect until the Clinic Intern requests that they be terminated. Clinic Interns acknowledge that they are responsible for making this request in writing.

Recurring Charge | The Clinic Intern will be asked to authorize Sevanti Institute to charge their credit card \$308 on a monthly basis for the 12-month duration of the program. The Clinic Intern will receive a receipt for each charge made and no prior notification is needed unless the date or amount of a charge is subject to change, in which case the Sevanti Institute must notify the Clinic Intern of such changes at least 7 days in advance of when the change(s) will take effect. The terms of this authorization will remain in effect until the L3 program concludes or the Clinic Intern requests that they be terminated. The Clinic Intern is responsible for making this request at least 2 days in advance of the next scheduled charge date to ensure that they are not charged again.

Cancellations and Refunds | The L3 program is offered only in its entirety and is not refunded in parts. Clinic Interns may cancel at any time. Refunds are not provided for missed courses. Should a Clinic Intern fail to meet graduation standards or to achieve certification, tuition will not be refunded. Clinic Interns may choose to leave the L3 program and the tuition autopayment may be terminated with a written request. Upon cancellation, a cancellation fee of \$700 will be applied. Fees are used to compensate for administrative costs and other faculty instructor pre-commitments.



Course Descriptions

The Level 3 program is an essential step to refining the art and practice of Ayurveda wellness counseling. Student interns will learn from those with years of experience, as well as from their peers. Clinical supervision offers valuable insights into your work as a counselor, helping you to improve your capacity to assess Ayurveda doshic patterns and to offer the most effective treatment strategies to support your patients.

Level 3 Course Modules deepen the clinical growth process and prepare students for clinical practice and professional certification exams.

AWC 24: Individual and Group Supervision | 50 PE |

Module AWC 24 is the largest and primary supervision and clinical feedback module needed to acquire the 50 Patient Encounter credits as stipulated by the National Ayurvedic Medicine Association (NAMA). According to NAMA guidelines, AHC-seeking students are required to conduct **50 patient encounters (PE)**, of which 25 must be “one-on-one” encounters. See the definition of “one-on-one” and more about Patient Encounter requirements below.

AWC 24 includes online one-on-one individual supervision, group counseling practicums, student case report presentations, and peer review. Students may also seek supervision from faculty instructors who taught Level 2 specialty subjects, such as pulse reading, herbology, nutrition, etc with questions related to their area of specialty. All supervision will be offered via Zoom video conferencing through the Sevanti Online Clinic platform.

AWC 25: Faculty Practicum | 30 hrs, 2 PE Credits |

The Faculty Practicum is an invaluable opportunity to watch, experience, and participate with two of our faculty practitioners as they conduct live assessments on volunteer clients. A similar opportunity is offered in the Level 1 AWC 4 module, however, by the time a student reaches Level 3 training, the knowledge base of the student has deepened significantly, allowing the student to be a more informed and active participant in real-time assessments. AWC 25 is an eclectic practicum series that encourages all of our faculty instructors, and others, to participate. When interns experience a variety of faculty members conducting real-time counseling sessions, they are exposed to more diverse counseling practice styles. Each faculty assessment qualifies as one PE credit.

AWC 26: National Exam Prep Course | 30 hrs |

Available via course recording only | This course is an essential opportunity to review and prepare for national AHC certification exams. These exams will cover an enormous amount of material, some of which may have been learned months or years prior to taking the exam. Faculty and students will review, rehash, and learn new ways to comprehend, integrate, and memorize the test material. We will review Ayurveda Sanskrit terminology, the core principles, anatomy & physiology, herbs, formulas, nutrition, pathology, counseling methods, and moreover this invaluable training session. Learn test prep methods, create new study groups, and take mock exams to prepare for the national exam.

AWC 27: Final Exam: Report and Supervision | 30 hrs |

Module AWC 27 is a mandatory 25-30 page report final exam that will demonstrate all that you have learned throughout your education in the AWCP. There are three types of reports accepted for credit.

1. Clinical Case Report
2. Disease Pathology Report
3. Ayurveda Education Report

1. Clinical Case Report: The case report will be based on one client assessment intake with a client of your choice and follow-up sessions with the same client if available. The report will demonstrate the student's mastery of the counseling process, health data intake, doshic constitution and conditions (prakriti and vikriti), the samprapti involved, an analysis of the pathology and symptoms, pulse diagnosis (if possible), tongue diagnosis, tissue assessment, and a thorough representation of the suggested remedies offered to the client including dietary changes, herbology, lifestyle recommendations, home cleansing, etc. At least one follow-up session will be conducted and any changes in treatment strategies noted as well as changes in all clinical metrics, symptoms, and improvements established by treatment. Past case report samples are available to guide the writing process.

2. Disease Pathology Report: The pathology report is a deep dive into the samprapti of a particular pathology or disease of your choosing. This is an opportunity to become a specialist in a particular disease or population. We would recommend that you be specific in your choice of disease. For example, an Ayurveda study of mental health, in general, may be too broad, while a study of ADHD in children offers more practical insights and solutions for others to benefit from. Write the paper broadly enough to benefit everyone with that condition, and try not to tailor it to one person in mind. Other examples include osteoarthritis, menopause, hypercholesterolemia, adolescent acne, thyroid disease, obesity, migraines, etc. Include a brief Western description of the disease, including an overview, symptoms, and common treatments. Elaborate in much more detail on the Ayurvedic perspective on the pathology. Include any connections to agni, PTO, the doshas (differential diagnostics of the different doshic types), dhatus, ama, mala, etc. Describe common nidana and rogakaraana. Include counseling-level treatments (chikitsa) such as nutrition, lifestyle, herbology, cleansing, subtle therapies, yoga therapies, etc. Describe the Ayurvedic samprapti in detail.

3. Ayurveda Education Report: The Ayurveda education report is an opportunity to explore how Ayurveda education can be better offered to new communities, cultures, and environments. How can we better educate children and young people? How can we better educate the BIPOC and LGBTQ communities? In addition to offering scholarships, Sevanti Institute is looking for progressive ideas on how to make our Ayurveda education platform more inclusive. To do that, we not only need more students and faculty from those communities, but we also need your voice to help guide us. This report option is a platform for you to speak to the current standards. How was it for you as a member of that community? If you were to teach our curriculum to your community, how would you change it? How would you adjust the teaching methods and language of Ayurveda to meet the people of your community?



Supervision Guidelines

AWC 24 Individual Supervision

Format:	Online video conference
Supervisors:	James Bailey, DASc, AD
Dates:	January 2024 to December 2024
Times:	Please limit to 30 minutes per case report
	Tuesdays: 12:00 - 5:00 pm CST
	Thursdays: 12:00 - 5:00 pm CST
PEs:	Lead Intern receives 1 PE credit; Observing Interns receive 1 PE credit

During individual supervision sessions, the supervisor may request that the Lead Intern present the case at an upcoming Group Supervision session.

Individual Supervision Hours

Due to the number of interns and the amount of supervision needed, the supervisors will offer two 5-hour supervision windows per week via teleconference. Plan 30 minutes per session. Interns are responsible for scheduling their supervision time with the supervisor during supervision hours.

Lead Intern vs Observing Interns

On any given consultation, there are two types of interns present: the **Lead Intern** and **Observing Interns**. The role of each intern should be clear. At times you will be the Lead Intern and at others, you will be an Observing Intern. Below, the roles of each are described in detail. Please respect the role of each other in the teamwork process we are attempting to create here at SOC.

Case Management - Lead Intern

The Lead Intern is the primary student intern conducting a given consultation and manages the needed communications and rapport with both the client and Observing Interns. For this patient encounter, you are in charge of the session and the assembled team. Here is what you will do as a Lead Intern to schedule, practice, and receive supervision as the Lead Intern:

1. Book a client using the SOC/Square booking system
2. Create a Zoom session for the scheduled consultation
3. Reply to the client with a *Booking Confirmation Email + Zoom link*
4. Announce the session to other Interns on Slack + add a Zoom link
5. Duplicate the Intake/Follow-up Form and dedicate to new client (rename as Client's name)
6. Conduct the Ayurveda counseling session + take careful notes for case report
7. Tidy up the case report for supervision
8. Schedule your 30 min supervision session with Supervisor during supervision hours
9. Share supervision time with the Observing Interns
10. Attend the supervision session.
11. Update and send the finalized assessment report to the client *
12. Schedule a follow-up with the client

* Please note that all case reports, whether initial or follow-up, must be supervised and authorized by an active supervisor before the case report is shared with the client. Under no circumstance may the results of the case report, including diagnosis and recommendations, be changed without supervisor approval. Case reports and the final diagnostics and recommendations to your clients are not negotiable. If follow-up circumstances change the diagnostics and the intern believes that nutritional and lifestyle recommendations must then change as well, those changes must be authorized by the supervisor prior to sharing with the client.

Case Management - Observing Intern

The Observing Intern is a passively observing participant, a fly on the clinical wall, of a patient encounter whose sole purpose is to learn from the encounter, take notes, and serve to support the Lead Intern and client. Here is what is expected of you during all patient encounters as the Observing Intern:

1. Respond via DM to the Lead Intern's announcement on Slack (as simple as "I'm in!")
2. Duplicate the Intake/Follow-up Form and dedicate to new client (rename as Client's name)
3. Observe the counseling session lead by the Lead Intern + take careful notes for case report
4. Do not interrupt the Lead Intern.
5. Respond only to questions prompted by the Lead Intern.
6. Use the Chat feature on Zoom to ask questions.
7. Be a source of emotional support to the Lead Intern.
8. After the session, tidy up the case report
9. Attend supervision session with Clinic Supervisor and Lead Intern (advised but not required)

Individual Supervision

Following each client consultation, the Lead Intern is expected to immediately schedule the supervision session with the supervisor during supervision hours. Notify the Observing Interns of the supervision sessions via Slack. Individual supervision is required prior to sharing the final case report with the client. The diagnostics and recommendations must be approved. Observing Interns are advised to attend that supervision session but are not required. In the supervision session, both Lead and Observing Interns

are encouraged to ask questions about the case. Once the case report is complete, the final report will be emailed to the client. At that time, the PE credits will be allocated to all involved in that client case. The Supervisor may ask you to present your finalized case report at one of the bi-weekly group supervision sessions.

Case Report Forms

Following each client consultation, both the Lead and Observing Interns will complete their case reports and leave a copy in their Lead/Observe report folders for the supervisor to review. From the Lead Intern, the case report is expected to be made more educational and understandable to the client. More is expected from the Lead Intern case report than from the Observers. After supervision, the Lead Intern will CC the updated report to the Observers, so that the Observers can learn from the Lead Intern's polished report. Remember, you are learning from each other as well as from the supervisor.

- Two intake forms: Initial Intake and Follow-up
- Use intake form to create a final report for client + supervisor
- Found in your private SOC Intern Google folder
- Do not move or edit the original master copy forms! You may duplicate if you lose your copy.
- Make a duplicate of the form before using it with client, rename file with client name, then use
- If you use or lose the original, let me know and I'll create a new original for you
- Files can be downloaded and shared as PDFs or shared with a digital link to group

AWC 24 Group Supervision

Format: Online video conference
Supervisor: James Bailey, DASc, AD
Frequency: 16 sessions total; every other week
Schedule: Wednesdays, 2:00 pm - 5:00 pm CST
Dates: February 21, 2024 - June 26, 2024 and September 4, 2024 - November 13, 2024
Outline: Group Supervision Topics presented by Lead Supervisor (20 min)
Slot 1: Intern presentation of consultation case of interest (45 min)
Slot 2: Intern presentation of consultation case of interest (45 min)
Slot 3: Intern presentation of consultation case of interest (45 min)
PEs: Presenters (lead interns) and original live case observers receive no additional PE credits; all others receive 1 PE credit per case presentation.

Group Supervision Hours

Group supervision will be offered on a bi-weekly basis on Wednesday afternoons from 2:00 pm - 5:00 pm CST.

Group Supervision Meeting Outline

- Open Mic: questions and/or issues related to intern counseling
- Group Supervision Topics on case management with Lead Supervisor (20 min)
- Three (3) Clinic Interns will present their selected case report (45 min ea)
- Attendance required for PE credits
- Alphabetical presentation order

A vital part of learning to be an Ayurveda Counselor involves the sharing and interactive presentation of case reports with others in the Level 3 program. Following individual supervision, each Clinic Intern may be asked to present a case report if the supervisor believes that the report is clear and would be a relevant teaching experience for the other interns in the group. As described above, each group supervision session will involve three case presentations by three interns. Each presentation is roughly 45 minutes long. Interns may read the report, but we would prefer you place an emphasis on the important aspects of the report and skip over anything found to be irrelevant.

Group Presentation Questions

To stimulate healthy dialogue, upon completion of each presentation, both the presenting intern and observers will be asked the questions below.

Presenter Questions:

For the presenters, please read and become familiar with the following *Presenter Questions*. Spend a few minutes prior to your presentation to reflect on them or write out your thoughts if you like. After each case presentation, presenters will be asked to address each of the topics below. There are no right or wrong answers. Answers are meant to stimulate conversation and help others to learn from you.

- How did you assess *Prakriti*?
- What is the *nidan* of the imbalance?
- Describe the *Samprapti*. How did the imbalance develop from the *nidan*?
- Elaborate on the Treatment Plan?
- What did you learn about: case management, the client, Ayurveda diagnostics, counseling skills, your personal growth (what did you learn about yourself)
- Which recommendations might be done first and which later over time?
- Do you have a sense yet of the client's willingness to comply with your recommendations?

Observing Intern Questions:

For the observing interns, you may volunteer to answer any of the *Observing Intern Questions* below. If not, the supervisor will call on interns randomly to answer one question, so be attentive and prepared to address any of the questions. Feel free to volunteer an answer to any question you have a grasp of.

- Are there any additional recommendations you would make?
- What additional information would have been helpful to have?
- What did you learn from the Ayurvedic diagnostics?
- Do you feel the 3+ Pillars of Health (Diet, Sleep, Moderation + Exercise) have been adequately addressed? Which do you feel will be most appealing and/or needed by the client and why?
- What is your view of the PTO (Prana-Tejas-Ojas) of the client? How do they affect the diagnosis and counseling treatment recommendations?
- Which of the Mahagunas (Tamas-Rajas-Sattva) are predominantly active in the client's Manas Vikriti? How do they affect the diagnosis and counseling treatment recommendations?
- You are welcome to offer any additional insights.

Client Recruitment

- Post on social media
- Level 2 students - post your availabilities on the Sevanti Institute Facebook page
- Other Level 1 grad
- Friends and family
- Clients must pay for consultations via the SOC website (\$50/\$30)
- SOC will send out quarterly newsletters announcing the Student Clinic services

Scope and Standards of Practice

Scope of Practice for Ayurveda Wellness Counselors

Ayurvedic Wellness Counselors are competent in health promotion and disease prevention (*swasthavritta*). They utilize the principles of Ayurvedic medicine to create diet and lifestyle (*ahara* and *vihara*) recommendations according to their assessment of the patient's Ayurvedic constitution and imbalances (*prakriti* and *vikriti*), state of the *doshas*, *agni*, *dhatu*s, *malas*, and *manas* (mind). They educate, motivate, and counsel patients in order to support them to be successful in implementing the principles of Ayurveda into their lives. Ayurvedic Health Counselors refer patients whose disease state (*samprapti*) is beyond the third stage to Ayurvedic Practitioners or Doctors of Ayurveda for diagnosis (*nidan*) and treatment (*chikitsa*) of disease.

Intern Conduct Standards

SOC Student Interns are conducting their counseling sessions under the guidance and oversight of Sevanti Institute and Sevanti Online Clinic. You represent Sevanti in your work. We expect all interns to conform to the following practice standards.

- Clinic Interns shall conduct themselves professionally with their primary attention given to the presence and needs of their clients.
- Clients should be made to feel welcomed and appreciated for their role in the counselor-client relationship.
- The intern shall establish healthy boundaries with the client: social, physical, sexual, emotional, psychological, and spiritual.
- Keep the identity of your clients private and limited to the Level 3 group. Do not share personal information about your clients with others.
- Conversations should be focused on the counseling process with minimal time spent on personal events and other people unless relevant to the counseling process.
- No gossiping
- No sharing of personal information unless relevant to the counseling session.
- Stay within the scope of your practice (see Scope of Practice for Ayurveda Wellness Counselors). You are not the client's medical doctor, Ayurvedic doctor, psychotherapist, physical therapist, yoga teacher, energy healer, etc.
- Treat your counseling sessions as a professional interaction.

Sevanti Institute reserves the right to remove Clinic Interns from the Level 3 program in the event that conduct does not meet the above practice standards.

Recommendation of Herbs and Wellness Services

Interns will not financially profit from the recommendation of herbs, wellness products, or services in any way. When you are practicing on your own, you are free to do as you like, but I would not recommend it because it's a potential conflict of interest. I personally prefer to prescribe herbs that I think are needed for a client and give them dosages and sources to buy them. There are good reasons why we pay doctors for prescriptions and pharmacies for meds. It's the same for herbs and wellness services. The client is already paying me to assess their condition and prescribe the herbs and services. I learned that it was best to separate the prescribed product from the prescriber. In other words, don't both prescribe the product and sell the product. People will perceive that as gouging. Or that we're only prescribing what we have in stock or that we're interested only in our affiliate benefits. Sell your time, sell your knowledge, and your wise expertise, but do not profit from both ends of the medicine. That is the way. You can do otherwise, once you've completed the program.

Dress Code

All Clinic Interns, both lead and observing, will present themselves professionally with proper attire and grooming at all counseling sessions, whether initial or follow-up.

Videoconferencing Space Standards

With the explosion of videoconferencing becoming the new normal in telemedicine, clients are exposed to a wide range of background environments. We understand that our homes are meant to be homes, but do your best to create a professional background as much as you can. Keep your Zoom space clean. Create proper lighting. Manage the noises of your home (kids, spouses, pets, etc). An occasional interruption is fine, but please avoid constant distractions to yourself and your client.

SOC Sub-licensed Zoom Account Policy

Each Clinic Intern will need access to a Zoom Pro account. Zoom Pro accounts provide unlimited time in online meetings. Free accounts are limited to 40 minutes. SOC will allow access as a sub-licensee to our Zoom account for those Clinic Interns who do not currently have and operate a Zoom Pro account. The following policy rules are mandatory for all sub-licensee Clinic Interns:

1. SOC sub-licensed Zoom accounts may only be used by Clinic Interns for L3 clinical meeting consultations.
2. SOC sub-licensed Zoom accounts may not be used for other personal or business meeting activities.
3. If you are currently using a Zoom Pro account for personal or business work, you may stay with the Pro account you currently have.
4. We will be checking logins to assure that SOC sub-licensed Zoom accounts are only being used for SOC-sanctioned client sessions. This is for SOC liability reasons.

To help this make sense, imagine that SOC had a brick-and-mortar clinic and we allowed our Clinic Interns to use the clinic treatment rooms for anything they wanted, including other work activities. That would be a liability for SOC. Our “treatment rooms” (sub-licensed Zoom accounts) may only be used for scheduled and sanctioned L3 clinical consultations with clients who agree to the terms of service.

SOC Consultation Fees

All fees paid to SOC by clients are used to support the growth and operation of the online clinic. No money goes to student interns. SOC believes that \$50 for an initial intake and \$30 for a follow-up are very reasonable fees for intern-level services. We understand that some clients may not have the resources to pay for Ayurveda consultations. In such cases, inform your supervisor to request an exceptional allowance for free consultations.



Patient Encounter (PE) Guidelines

The following patient encounter guidelines are based on NAMA quoted standards with minimal variation.

Definition of Patient Encounter (PE): A “patient encounter” or PE, refers to **each** encounter, initial or follow-up, that an intern will experience with a patient. A patient encounter is defined as a combination of the following:

- a. Student interns will **experience** the initial intake and/or follow-up consultations of clients/patients in order to acquire significant clinical knowledge and experience. This experience can be gained via **lead, observation, group work, or apprenticeship** (working under and alongside a practitioner in a graduated responsibility model).
- b. Student interns will **carry out consultation procedures** such as history taking, prakriti, and vikriti assessment, pulse, tongue, and nail diagnosis, as well as other appropriate methods in order to gain assessment fluency. This should be done directly with clients/patients and not by passive observation. Can be attained in a variety of settings including **one-on-one, group work, or apprenticeship**.
- c. Carry out the clinical application of Ayurveda as per the Ayurveda Health Counselor category designation. *Refer to the **Scope of Practice for the Ayurvedic Profession**, and **Ayurvedic Health Counselor: Educational Outline for Competency**

Three Settings for Patient Encounters

1. **Observation of preceptor:** Witness preceptor (faculty supervisor, local approved mentor) working with a client/patient with limited student involvement
2. **Intern-patient encounter with direct supervision of preceptor:** This includes working one-on-one or in small groups of up to 3 students (breakout rooms).
3. **Intern-patient one-on-one (without direct supervision of preceptor):** Done in a more intimate setting with intern doing complete intake, recommendations, and follow-up. A minimum of 25 patient encounters must be conducted in the setting of “One-on-One”. All but 5 initial encounters should be in person. It is acceptable for follow-up encounters to be through a HIPAA-compliant videoconferencing medium

Patient Encounter Requirements for AHC:

The National Ayurvedic Medical Association, or NAMA, recognizes three categories of Ayurvedic health practice: Ayurvedic Doctors, Ayurvedic Practitioners, and Ayurvedic Health Counselors. Sevanti Institute is an AHC training program. The NAMA patient encounter guidelines are specific to each practice level's educational outline for competency. The patient encounter requirements for AHC are as follows:

Ayurvedic Health Counselor	Requires a minimum of 50 patient encounters. • A minimum of 25 patient encounters must be conducted in the setting of "One-on-One"
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* **"One-on-one"** may include groups of two or three students, all of whom are fully engaged in all aspects of diagnosis and chikitsa, as long as each student provides a chikitsa plan reviewed by faculty. Only the "primary" student's plan will be offered directly to the client.

Definition of Supervision: All patient encounters must be supervised by one or more of the methods outlined below.

- a) Supervisor physically present
- b) Supervisor physically absent and checks student work afterward
- c) Supervisor present by live internet feed via a HIPAA-compliant telemedicine platform (Zoom, VSee)
- d) Use of local mentors affiliated with the program that meet NAMA's accreditation standard on faculty qualifications.

Patient Encounter Report Form: All interns must document patient encounters (PE) on their *PE Tracker* spreadsheet. Clinic Interns will document every PE (initial or follow-up) in order to receive PE credit. The *PE Tracker* is found in the Google Folder provided to each Clinic Intern.

Patient Encounter Categories

Patients are as diverse as our humanity. Sevanti Institute encourages interns to acquire their patient experiences from a diverse array of patients. To diversify the experiences our interns are having, we have created a few patient encounter experience categories and imposed limits to each group. This prevents some students from limiting their PE to just students they know. Part of learning this healing art involves working with people we do not know and stretching our comfort zones.

- a. **Student Consultations + 2 Follow-ups:** As part of AWC 24, student interns may assess other Level 2 or 3 students (Level 2 students are prioritized so they can experience the Level 3 program). Supervisor/mentor may be present or not present. Students must submit a PE Case Report Form for each PE credit. Initial consultation counts as 1 PE; each follow-up counts as 1 PE. A maximum of 2 follow-ups are allowed in this category. **Maximum PE credits in this category: 8**

- b. **Patient Consultations + 4 Follow-ups:** As part of AWC 24, student interns are encouraged to conduct the majority of their PE consultations on non-student patients that they acquire from family, friends, work colleagues, etc. Supervisor/mentor may be present or not present. Students must submit a PE Case Report Form for each PE credit. Initial consultation counts as 1 PE; each follow-up counts as 1 PE. A maximum of 4 follow-ups are allowed per patient in this category. **Maximum PE in this category: 35**
- c. **Group Supervision:** As part of AWC 24, student interns are required to participate in monthly group supervision sessions where they will (1) conduct or observe a pre-selected intern counsel another student or patient, (2) present case reports on a non-student patient of interest, and (3) occasionally observe the supervisor conduct an assessment on a student intern. Observing interns will also receive PE credits for providing peer review to the presenting student. All participating students must submit a PE Case Report Form for PE credits. Initial consultation counts as 1 PE; each follow-up counts as 1 PE. **Maximum PE in this category: 30**
- d. **AWC 25 Faculty Practicums:** Student interns are required to participate in the AWC 25 Faculty Practicums. In this Level 3 module, they will observe professional faculty practitioners working with patients with limited student involvement. Students must submit a PE Case Report Form for each PE. Initial consultation counts as 1 PE; each follow-up counts as 1 PE. **Maximum PE in this category: 2**



Sevanti Online Clinic (SOC) + Student Clinic

Sevanti Online Clinic (SOC) is the central platform for professional Ayurvedic Counselor practice, Clinic Intern practice and supervision, and the primary teaching gateway for Level 3 student interns in the final phase of their studies. Experienced clinical faculty with a wide range of expertise in Ayurvedic Medicine will supervise student interns as they provide and/or observe individualized patient care. The SOC is also home to the private practices of several certified Ayurvedic Counselors, practitioners, and doctors.

SOC patients have the option to choose between our certified Ayurvedic faculty or supervised student Clinic Interns for their wellness consultations. This allows our student Clinic Interns to gain the experience and supervision needed while offering those services at a rate that is affordable. By choosing a student Clinic Intern for a consultation, patients are supporting the development of our students on their path to professional practice.

HIPPA-Compliant Videoconferencing

The SOC practice will operate via Zoom videoconferencing platform that seamlessly connects practitioners and interns to the patient from a distance. Patients can log in and experience an Ayurveda consultation from the comfort and privacy of home. Client data — whether transmitted or stored — is encrypted with 256-bit AES encryption to ensure that the visits are always secure.

SOC will provide an online clinic schedule platform using Square Online Booking with the option for patients to choose a student intern or practitioner of their choice. All interns and faculty practitioners will be visibly present on the SOC site.

SOC Zoom platforms may only be used for Ayurveda counseling work, limited to Ayurveda initial intakes and follow-up services.

SOC Consultation Rates

SOC is an educational environment, therefore we offer special pricing that makes Ayurvedic consultations affordable and accessible to our community. We offer three consultation options:

1. Consultations with Supervised Student Interns:

Initial Intake Consultation + Report (2 hours) – \$50.00

Follow-up consultations (1 hour) – \$30.00

2. Consultations with Certified AWC Counselors:

Initial Intake Consultation + Report (2 hours) – \$120.00

Follow-up consultations (1 hour) – 60.00

3. Consultations with Faculty Supervisors:

Initial Intake Consultation + Report (2 hours) – \$200.00

Follow-up visits (1 hour) – \$80.00